



Introductory

Trager® Workshop

Based on the work of Milton Trager, MD

“Creating Peace in the World, One Person at a Time.” —Milton Trager, MD

Saturday, Oct. 10th, 2009

1:00 - 6:00 pm

Chapel Hill

\$85 • 5 CEs

This class is an introduction to the Trager® Approach, Dr. Milton Trager’s innovative form of bodywork and movement re-education.

This class will include the history of Trager® and include experiential movements and bodywork. You will enjoy experiencing the peaceful connectedness and greater ease that is the trademark of the Trager® Approach.

Sponsored by the US Trager® Association (or USTA) NCBTMB CE Provider #021518-00



*Lorraine
Lewis*

Introductory Trager® Workshop Leader
Certified Trager® Practitioner
LMBT (NC License #213)
Nationally Certified

**Please register 2 weeks
prior to date of class.**

For more information call

967-2215

www.peacefulconnection.com